

Mantra

guru mantra

*gurur brahmā gurur viṣṇuḥ gurur devo maheśvaraḥ
guruḥ sāksāt parabrahma tasmai śrī gurave namaḥ*

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः ।

गुरुः साक्षात् परब्रह्म तस्मै श्री गुरवे नमः ॥

The Guru is Brahmā, the Guru is Vishnu, the Guru is Maheśvara (Shiva). The Guru is indeed the Universal Spirit. Salutations to that revered Guru.

śānti mantra

oṃ saha nāvavatu

saha nau bhunaktu

saha vīryaṃ karavāvahai

tejasvi nāvadhītamastu mā vidviṣāvahai

oṃ śāntiḥ śāntiḥ śāntiḥ

ॐ सह नाववतु ।

सह नौ भुनक्तु ।

सह वीर्यं करवावहै ।

तेजस्वि नावधीतमस्तु मा विद्विषावहै ॥

॥ ॐ शान्तिः शान्तिः शान्तिः ॥

May us both (the teacher and student) be protected.

May us both be nourished (with Knowledge).

May we work together with vigour.

May our studies be enlightening and may we not have disagreements.

Peace. Peace. Peace.

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